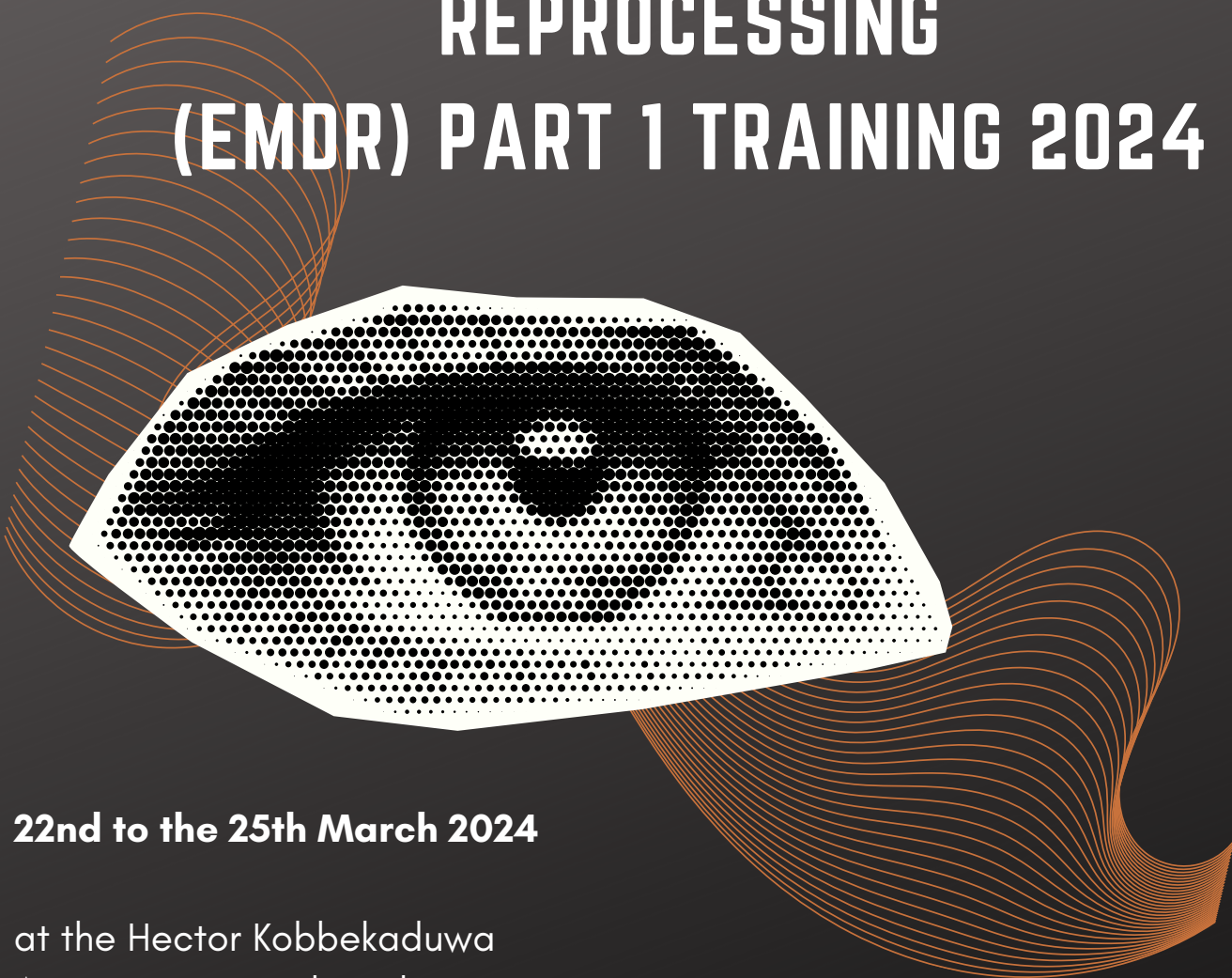




Sri Lanka EMDR Association (SEA)

EMDR Asia and EMDR Association of Sri Lanka,
in collaboration with
Trauma Recovery Humanitarian Assistance Program, USA
is announcing

EYE MOVEMENT DESENSITIZATION REPROCESSING (EMDR) PART 1 TRAINING 2024



22nd to the 25th March 2024

at the Hector Kobbekaduwa
Agrarian Research and
Training Institute
Colombo, Sri Lanka.

APPLY NOW

www.emdrsrilanka.org

emdr.srilanka@gmail.com
janetnfm@gmail.com



EMDR Basic Training has 2 parts of classroom training (20 hours lectures, 20 hours practice and 10 hours supervision/consultation) which includes lectures, video demonstrations and supervised practice in small groups.

Five meetings of case consultation with an approved EMDR consultant after each part of the basic training is a requirement for receiving the certificate of completion.

Language: English

Eligibility

Part 1 : Practicing Psychological Counsellors, Therapists, Psychologists and Medical Doctors with an academic and practicing background in psychology.

Part 2 : Those who have completed Part 1 training. The candidates should have completed Part 1 and 5 consultation meetings.

The lectures and facilitation will be conducted by a team of EMDRIA approved trainers and facilitators from India and Sri Lanka.

Trainer in Charge - EMDR Asia:

Dr.Sushma Mehrotra: Former President EMDR Asia Association and India EMDR Association / EMDRIA Approved Trainer.

Training In-Charge - EMDR Sri Lanka:

Sr. Janet Nethisinghe

e-mail address: janetnfmm@gmail.com

contact no. 0714228358 / 0772545870

APPLY NOW

www.emdrsrilanka.org

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janetnfmm@gmail.com



What is EMDR ?

EMDR is a form of psychotherapy that was developed to resolve symptoms resulting from disturbed and unresolved life experiences. It uses a structured approach to address past, present, and future aspects of disturbing memories. The approach was developed by Dr. Francine Shapiro to resolve the development of trauma-related disorders as resulting from exposure to a traumatic or distressing event, such as manmade, natural disaster, or childhood trauma. Since Dr. Francine Shapiro introduced EMDR to the clinical community in 1989, the last 25 years have seen a phenomenal research on the effectiveness of this therapy.

Today, EMDR is accepted as a valid method of treatment for PTSD by American Psychological Association and the American Psychiatric Association. It is widely used in USA, Europe and many parts of Asia. EMDR therapy is recommended for children, adolescents and adults with PTSD by World Health Organization (W.H.O.) 2013. EMDR is also used today for a multitude of other mental health conditions beside PTSD.

APPLY NOW

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| janetnfm@gmail.com



Sri Lanka EMDR Association (SEA)

Register Now

Please fill the application form on the website (www.emdrsrilanka.org) or given in this

form below and send by email to **emdr.srilanka@gmail.com** and copied to **janetnfm@gmail.com** on or before the **20th February 2024**

1. Please attach scanned copies of your tertiary education qualifications in the mental health field which meets the eligibility criteria for this training (**Undergraduate and Masters**): Higher National Diploma in Counselling/ Psychology from a reputed university/ Bachelors degree in Counselling /Psychology or Masters degree in Counselling/ Psychology with **minimum 2 years of practice under supervision**.

2. Upon receiving your application a **virtual interview** will be called for selected participants. Kindly wait for the confirmation of acceptance of your application via email after the virtual interview. The confirmation letter will be emailed to the email address provided in the application form.

3. After confirmation of your acceptance, the **course fee** (inclusive of all training material and case consultation charges) of 60,000LKR (for local candidates) and 450USD (for international candidates) need to be made. Bank details to make the transfer will be sent via email, along with the acceptance letter.

4. Upon completion of the payment please send in the payment receipts for confirmation of your placement in the training.

For further information please contact:

Sr. Janet Nethisinghe

Patron - Sri Lanka EMDR Association

0714228358 / 0772545870 | janetnfm@gmail.com

APPLY NOW

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emdr.srilanka@gmail.com
janetnfm@gmail.com

Application Form for EMDR Basic Training Part 1 - 2024

Full Name.....

Highest
educational qualification.....

Counselling/Psychology Qualifications:

.....

.....

Counselling/Psychology Experience/ Practice and year(s):

.....

.....

Counselling/ Psychotherapy Supervision (at least 2 years):

Name of Supervisor :

Contact details of supervisor:

Supervision received from: (date) to (date).

Profession:

.....

Permanent Address (Residence):

.....

.....

Address(work).....

Mobile no:.....

Email address:.....

Please complete this form and email to: emdr.srilanka@gmail.com
attaching scanned copies of all academic qualifications

Kindly wait for the confirmation of your application acceptance by email
Application acceptance will be decided by the existing Executive Committee after a virtual
interview.

IMPORTANT:

The acceptance of your application will be based on eligibility criteria and seat availability.

Communications will be preferred by e-mail : emdr.srilanka@gmail.com